

NAME : _____

DATE : _____

Sale Items

	Carbs	#	
Pineapple, Banana Drink	4		ALL
Vanilla Pudding	2		
Chocolate Pudding	3		50%
Mushroom Soup	2		
			OFF

Ready to drink

Chocolate	3	
	3	

Shakes & Puddings

**Swiss Chocolate	6	
**French Vanilla	6	
**New York Cheese Cake	5	

Shake Shakes (Bottle)

**Chocolate	3	
**Vanilla	6	

Drinks

Cranberry	3	
**Grapefruit	3	
**Pineapple-Orange	2	
**Peach Tea	1	
Wild berry yogurt	5	
**Strawberry-Banana	7	
Peach Mango	5	
Berry Delicious	7	

Soups

Chicken Noodle	3	

Entrees

	Carbs	#
Spaghetti Bolognaise	22	
Vegetable Chili	14	
Hearty Stew	19	
Natural Herb Cheese	3	

Bars

Dark Chocolate Wafer	13	
Vanilla Wafer	13	
Mocha Wafer	13	

Soy Puffs

Chocolate	11	
BBQ Soy Puffs	11	

Others

Crispy Cereal	8	
**Cinnamon-Vanilla Snacks	7	
Raspberry Jell-O	2	
Salad Dressing		

Supplements

Multi-Vita(30caps)		
Cal-Mag (180 caps)		
Calcium-Potassium		
Potassium Aspartate		
Krill Oil		

Please E-Mail Form to:

actionchiro@bellsouth.net

or

Fax to : 601-952-0738

** New Items on Menu