

# PATIENT INFORMATION

DATE: \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone (Cell) \_\_\_\_\_ Cell Phone Carrier \_\_\_\_\_ Email \_\_\_\_\_  
 Social Security # \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Sex: M F Marital Status: S M D W  
 Occupation: \_\_\_\_\_ Phone (Work) \_\_\_\_\_  
 Employer: \_\_\_\_\_  
 Spouse's Name \_\_\_\_\_ Spouse's Occupation \_\_\_\_\_  
 Spouse's Employer \_\_\_\_\_ Spouse's Phone (Work) \_\_\_\_\_  
 In Case of Emergency call: \_\_\_\_\_ Phone Number \_\_\_\_\_

# FINANCIAL AGREEMENT & INSURANCE INFORMATION

**Please present your insurance card to the receptionist.**

Who is responsible for this account? \_\_\_\_\_  
 Relationship to the patient? \_\_\_\_\_

If you are not the card holder, we must have:

The subscriber's name: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_

## ASSIGNMENT AND RELEASE

I, the undersigned, certify that I (or the dependent) have insurance coverage and assign directly to **Action Chiropractic Inc.**, all insurance benefits, if any, Otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all insurance submissions.



Responsible Party Signature

Date

Relationship:    ( ) Self    ( ) Guardian of a Minor

# ACCIDENT INFORMATION

Present condition due to an injury? \_\_ Yes \_\_ No \_\_ On the Job \_\_ Auto Accident \_\_ other \_\_\_\_\_  
 Has the accident been reported? \_\_ Yes \_\_ No \_\_ To Employer \_\_ Auto Carrier \_\_ Other \_\_\_\_\_  
 Attorney's name if any? \_\_\_\_\_

# HEALTH CARE GOALS

Reason(s) for today's visit: \_\_\_\_\_

How did you hear about us?     Internet search             Our Web Site             Doctor/surgeon  
 Social Media             Google reviews             Attorney  
 Insurance Network             Friend/Family             Drove by             Other

Are you interested in:             Weight Loss             Nutritional Advises             Reformer Pilates  
 Health Class             Diabetes Management  
 Group Fitness Classes – Spinning, rowing, TRX, Boxing etc...)

Do you exercise?             Never/rarely     Mildly     Moderately     Daily     Heavily

If so, what type of exercise?     Pilates     Yoga     Cycling     Cross Fit     Weight Lifting     Swimming     Other

Daily activities:             Sitting     Standing     Light labor     Heavy labor

Do you smoke?  Yes  No  Former    If yes, for how many years? \_\_\_\_ If you quit, how many years ago? \_\_\_\_

# HEALTH HISTORY:

List any other doctors seen for your condition: \_\_\_\_\_

List any diagnosis and type of treatment: \_\_\_\_\_

Have you had similar accidents or injuries before? \_\_ Yes \_\_ No If yes, explain: \_\_\_\_\_

Have received:  CT scan  MRI  Injections  Spinal Implants  Physical Therapy  Surgery  
 Chiropractic  Medication

If yes, explain: \_\_\_\_\_

List major Injuries/Falls: \_\_\_\_\_

List fractures: \_\_\_\_\_

List Surgeries: \_\_\_\_\_

MEDICATION	DOSAGE	TIMES DAILY	VITAMINS / SUPPLEMENTS
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

ALLERGIES \_\_\_\_\_

Please mark each items below for the signs and symptoms you presently have or previously

**GENERAL SYMPTOMS**

- Convulsions
- Dizziness
- Fainting
- Headache
- Nervousness
- Numbness
- Wheezing

**MUSCLES & JOINTS**

- Low Back Problems
- Pain between Shoulders
- Neck Problems
- Arm Problems
- Leg Problems
- Swollen Joints
- Painful Joints
- Stiff Joints
- Sore Muscles
- Weak Muscles
- Walking Problems
- Sprains/Strains
- Broken Bones

**CARDIO-VASCULAR**

- High Blood Pressure
- Heart Attack
- Pain over Heart
- Poor Circulation
- Heart Trouble
- Rapid Heart
- Slow Heart
- Strokes
- Swelling Ankles

**SYSTEMIC**

- HIV/AIDS
- HEPATITIS A
- HEPATITIS B / C

**EAR/NOSE/THROAT**

- Earache
- Ear Noises
- Enlarged Thyroid
- Frequent Colds
- Hay Fever
- Nasal Blockage
- Nose Bleeds
- Pain Behind Eyes
- Poor Vision
- Sinusitis
- Sore Throats
- Tonsillitis



**GASTRO-INTESTINAL**

- Belching/Gas
- Colon Problems
- Constipation
- Diarrhea
- Excessive Hunger
- Excessive Thirst
- Liver/Gallbladder
- Nausea
- Abdominal Pain
- Ulcer
- Poor Appetite
- Poor Digestion
- Vomiting
- Vomiting Blood
- Weight Loss/Gain

**RESPIRATORY**

- Asthma
- Chronic Cough
- Difficulty Breathing

- Spitting Blood
- Spitting Phlegm

**GENITO-URINARY**

- Blood in Urine
- Frequent Urination
- Kidney Infection
- Painful Urination
- Prostate Problems
- Loss of Bladder Control

**SKIN OR ALLERGIES**

- Boils
- Bruising Easily
- Dryness
- Eczema/Rash/Dermatitis
- Hives
- Itching
- Sensitive Skin
- Allergy \_\_\_\_\_

**FOR WOMEN ONLY**

- Birth Control \_\_\_\_\_
- Hormone Replacement
- Cramps/Backaches
- Hot Flashes
- Irregular Cycle
- Miscarriage
- Painful Periods
- Breast Pain

**Pregnant at this Time Y/N**



I hereby certify that the statements and answers given on these forms are accurate to the best of my knowledge and understand that it is my responsibility to inform this office to any changes in my health. I agree to allow this office to examine me for further evaluation

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

List the areas of pain from most to least painful:

(Neck, Low Back etc...)	1.	2.	3.
1. What side is the pain?	<input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Both	<input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Both	<input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Both
2. Grade the pain (1-10 with 10 being worst)	<input type="text"/>	<input type="text"/>	<input type="text"/>
3. How did the pain start?	<input type="checkbox"/> Gradual <input type="checkbox"/> Sudden <input type="checkbox"/> Accident/ or Fall	<input type="checkbox"/> Gradual <input type="checkbox"/> Sudden <input type="checkbox"/> Accident/ or fall	<input type="checkbox"/> Gradual <input type="checkbox"/> Sudden <input type="checkbox"/> Accident/ or Fall
4. When did it start?	Date _____	Date _____	Date _____
5. How severe is the pain?	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/> Unbearable <input type="checkbox"/> Progressing <input type="checkbox"/> Recurrent	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/> Unbearable <input type="checkbox"/> Progressing <input type="checkbox"/> Recurrent	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/> Unbearable <input type="checkbox"/> Progressing <input type="checkbox"/> Recurrent
6. Describe the pain:	<input type="checkbox"/> constant <input type="checkbox"/> Intermittent <input type="checkbox"/> Deep <input type="checkbox"/> Sharp <input type="checkbox"/> Burning <input type="checkbox"/> Radiating	<input type="checkbox"/> constant <input type="checkbox"/> Intermittent <input type="checkbox"/> Deep <input type="checkbox"/> Sharp <input type="checkbox"/> Burning <input type="checkbox"/> Radiating	<input type="checkbox"/> constant <input type="checkbox"/> Intermittent <input type="checkbox"/> Deep <input type="checkbox"/> Sharp <input type="checkbox"/> Burning <input type="checkbox"/> Radiating
7. It Interferes with:	<input type="checkbox"/> Daily Routine <input type="checkbox"/> Normal Life Style <input type="checkbox"/> Household Activities <input type="checkbox"/> Sleep <input type="checkbox"/> Work <input type="checkbox"/> School	<input type="checkbox"/> Daily Routine <input type="checkbox"/> Normal Life Style <input type="checkbox"/> Household Activities <input type="checkbox"/> Sleep <input type="checkbox"/> Work <input type="checkbox"/> School	<input type="checkbox"/> Daily Routine <input type="checkbox"/> Normal Life Style <input type="checkbox"/> Household Activities <input type="checkbox"/> Sleep <input type="checkbox"/> Work <input type="checkbox"/> School
8. What makes it worse?	<input type="checkbox"/> Sitting/Driving <input type="checkbox"/> Standing Still <input type="checkbox"/> Walking <input type="checkbox"/> Movement/Exercise <input type="checkbox"/> Sleeping <input type="checkbox"/> Coughing/Sneezing	<input type="checkbox"/> Sitting/Driving <input type="checkbox"/> Standing Still <input type="checkbox"/> Walking <input type="checkbox"/> Movement/Exercise <input type="checkbox"/> Sleeping <input type="checkbox"/> Coughing/Sneezing	<input type="checkbox"/> Sitting/Driving <input type="checkbox"/> Standing Still <input type="checkbox"/> Walking <input type="checkbox"/> Movement/Exercise <input type="checkbox"/> Sleeping <input type="checkbox"/> Coughing/Sneezing
9. What makes it better?	<input type="checkbox"/> Sitting/Driving <input type="checkbox"/> Standing Still <input type="checkbox"/> Walking <input type="checkbox"/> Movement/Exercise <input type="checkbox"/> Sleeping <input type="checkbox"/> Cold / Hot Compress	<input type="checkbox"/> Sitting/Driving <input type="checkbox"/> Standing Still <input type="checkbox"/> Walking <input type="checkbox"/> Movement/Exercise <input type="checkbox"/> Sleeping <input type="checkbox"/> Cold / Hot Compress	<input type="checkbox"/> Sitting/Driving <input type="checkbox"/> Standing Still <input type="checkbox"/> Walking <input type="checkbox"/> Movement/Exercise <input type="checkbox"/> Sleeping <input type="checkbox"/> Cold / Hot Compress


**FINANCIAL AGREEMENT**

I fully understand that I am ultimately responsible for any and all charges associated with my account and that if I fail to pay any amount due, I will also be responsible for all collection fees, court costs, attorney fees and any other charges incurred in the collection of any and all balance due to Action Chiropractic Inc.

 **Initials** \_\_\_\_\_


**AUTHORIZATION TO TAKE X-RAYS**

I was advised that x-rays were a necessary component of a thorough spinal examination and a key component to aid in establishing the accurate diagnosis of my condition. I have also been informed that all x-rays will be destroyed after 7 years.

 **Initials** \_\_\_\_\_

**FEMALE ONLY**

To the best of my knowledge, I am not pregnant and the doctor has my permission to take x-rays for diagnostic purposes.

 **Initials** \_\_\_\_\_

**FOR TREATMENT OF MINOR**

I hereby authorize the doctor to perform any necessary examination and treatments, including x-rays as deemed necessary to treat me:

\_\_\_\_\_ (Relationship to minor)

\_\_\_\_\_ (Full name of minor)


\_\_\_\_\_ (Parent or Guardian signature) \_\_\_\_\_ (Date)

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic X-rays, on me (or on the patient named below, for whom I am legally responsible) by the doctor of chiropractic named below and/or other licensed doctors of chiropractic who now or in the future work at the clinic or office listed below or any other office or clinic.

I have had an opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including but not limited to fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I am seeking treatment

Patient (Or Guardian) Signature  \_\_\_\_\_ Date \_\_\_\_\_

**Acknowledgment of Receipt of Privacy Practices (HIPPA)**

I, \_\_\_\_\_, have received a copy, read a copy or have been offered a copy of Action Chiropractic, Inc.'s Notice of Privacy Practices with an effective date of January 1, 2011.

**Release of Information**

I authorize the release of information including the diagnosis, records: examination rendered to me and claims information to:

- Spouse \_\_\_\_\_
- Children \_\_\_\_\_
- Other \_\_\_\_\_
- Information is not to be released to anyone

**This Release of Information will remain in effect until terminated by me in writing**

Name of Patient \_\_\_\_\_



\_\_\_\_\_  
Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
(Parent, Legal Guardian, Caretaker)

**This questionnaire helps us to understand how much your pain has affected your ability to perform everyday activities. Please check the one box in each section that most clearly describes your problem right now.**

### **SECTION 1 – Pain Intensity**

- The pain comes and goes and is very mild.
- The pain is mild and does not vary much.
- The pain comes and goes and is moderate.
- The pain is moderate and does not vary much.
- The pain is severe and does not vary.

### **SECTION 2 – Personal Care**

- I would not have to change my way of washing or dressing in order to avoid pain
- I do not normally change my way of washing or dressing even though it causes some pain.
- Washing and dressing increase the pain, but I manage not to change my way of doing it.
- Washing and dressing increase the pain and I find it necessary to change my way of doing it.
- Because of the pain, I am unable to do some Washing and dressing without help.
- Because of the pain, I am unable to do any washing and dressing without help.

### **SECTION 3 – Lifting**

- I can lift heavy weights without extra pain.
- I can lift heavy weights but it gives extra pain.
- Pain prevents me from lifting heavy weights off the floor.
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are positioned conveniently.
- Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
- I can only lift very light weights at the most.

### **SECTION 4 – Walking**

- I have no pain walking.
- I have some pain when walking but it does not increase with distance.
- I cannot walk more than one mile without increasing pain.
- I cannot walk more than ½ mile without increasing pain.
- I cannot walk more than ¼ mile without increasing pain.
- I cannot walk at all without increasing pain.

### **SECTION 5 – Sitting**

- I can sit in any chair as long as I like without pain.
- I can sit only in my favorite chair as long as I like.
- Pain prevents me from sitting more than one hour.
- Pain prevents me from sitting more than ½ hour.
- I avoid sitting because it increases pain immediately

### **SECTION 6 – Standing**

- I can stand as long as I want without pain.
- I have some pain on standing, but it does not increase with time.
- I cannot stand for longer than one hour without increasing pain.
- I cannot stand for longer than ½ hour without increasing pain.
- I cannot stand for longer than 10 minutes without increasing pain.
- I avoid standing because it increases the pain immediately.

### **SECTION 7 – Sleeping**

- I get no pain in bed.
- I get pain in bed but it does not prevent me from sleeping well.
- Because of pain, my normal night's sleep is reduced by less than 1/4.
- Because of pain, my normal night's sleep is reduced by less than ½.
- Because of pain, my normal night's sleep is reduced by less than ¾.
- Pain prevents me from sleeping at all.

### **SECTION 8 – Social Life**

- My social life is normal and gives me no pain
- My social life is normal, but increases the degree of pain.
- Pain has no significant effect on my social life apart from limiting my more energetic interests.
- Pain has restricted my social life and I do not go out very often.
- Pain has restricted my social life to my home.
- I have hardly any social life because of the pain.

### **SECTION 9 – Traveling**

- I get no pain while traveling.
- I get some pain while traveling, but none of my usual forms of travel make it any worse.
- I get extra pain while traveling, but it does not compel me to seek alternative forms of travel.
- I get extra pain while traveling, which compels me to seek alternative forms of travel.
- Pain restricts all forms of travel.
- Pain restricts all forms of travel except that done lying down.

### **SECTION 10 – Changing Degree of Pain**

- My pain is rapidly getting better.
- My pain fluctuates, but overall is definitely getting better.
- My pain seems to be getting better, but improvement is slow.
- My pain is neither getting better nor getting worse.
- My pain is gradually worsening.

# PERSONAL INJURY / WORK INJURY

PATIENT NAME: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ DATE \_\_\_\_\_

**Date of Accident:** \_\_\_\_\_

**Time of Accident:** \_\_\_\_\_

Weather conditions during accident (Circle One): RAIN SNOW FOG ICE CLEAR

Traffic Conditions (Circle One): NORMAL CONGESTED HEAVY

What body part(s) are injured since the accident? \_\_\_\_\_

Did any body parts strike the inside of the vehicle? YES NO

If yes, which body part(s): \_\_\_\_\_

Have you had similar injuries before this injury? YES NO

Were you taken by Ambulance to the Emergency room? YES NO

Did you take yourself to the Emergency room or other Health Clinic? YES NO

If yes, where did you go? \_\_\_\_\_ Date: \_\_\_\_\_

Name of other physician who treated you for this condition? \_\_\_\_\_

Where were you sitting in the car during the accident? \_\_\_\_\_

What part of your vehicle was impacted? \_\_\_\_\_

What part of the other vehicle impacted your vehicle? \_\_\_\_\_

Have you retained an attorney? YES NO His/her name \_\_\_\_\_

Under your home owner's policy, your insurance company may be responsible for payment of care rendered.

Name of Insurance Company \_\_\_\_\_

Describe the accident in your own words:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



**DOCTOR'S LIEN**

To (Attorney):

Doctor:

ACTION CHIROPRACTIC INC  
6935 OLD CANTON RD  
RIDGELAND, MS 39157

**RE: Patient Records and Doctor's Lien**

I do hereby authorize the above doctor to furnish you, my attorney, with a full report of his case history, examination, diagnosis, treatment, prognosis of myself in regard to the accident I was involved in on

I hereby give a lien to said doctor on any settlement, judgment, or verdict as a result of said accident, and direct you, my attorney, to pay directly to said doctor such sums as may be due and owing him for services rendered to me, and to withhold such sums from such settlement, judgment, or verdict as may be necessary to protect said doctor adequately.

**Dated:** \_\_\_\_\_ **Patient Signature:**  \_\_\_\_\_

The undersigned, being attorney of record for the above patient, does hereby acknowledge of receipt for the above lien, and does agree to honor the same to protect adequately said above named doctor.

**Dated:** \_\_\_\_\_ **Attorney Signature:**  \_\_\_\_\_

# NOTICE OF INSURANCE COMPANY ASSIGNMENT

TO: DATE:

You are instructed to pay directly to the doctor at his office for all professional services rendered to me by this office.

This instruction to you is an assignment of my rights under medical coverage to the extent of this bill.


I hereby irrevocably transfer any cause of action for failure to pay benefits for this claim to Action Chiropractic Inc. This includes punitive damages, if applicable.

I do hereby authorize Action Chiropractic Inc., to release any information acquired in the course of my examination or treatment.

Please note that any and all photocopied reproductions of this and the foregoing authorization are to be accepted as if they were the original documents.

PAY TO: **ACTION CHIROPRACTIC INC.**  
**6935 OLD CANTON RD**  
**RIDGELAND, MS 39157**

Patient Name: \_\_\_\_\_

Patient Signature:  \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Claim #: \_\_\_\_\_

